



Murray Farm 'Everyone's included'

Dear Parents and Caregivers,



PRINCIPAL'S MESSAGE

BUILDING PROGRAM

The building program is underway. The new Library will be built first. It will be located in the area directly opposite the Kindergarten eating area. The building will run North to South. The building will not come up as far as the Kindergarten block and will have a COLA similar to the Hall Cola, which will connect the Library to the Kindergarten block.

Once the Library has been completed the current Library/Administration block will be converted into classrooms, offices and a complete refurbishment of the administration and staffroom area. It is anticipated that there will be at least three new specialist-learning areas in the rebuild.

As a part of the National School Pride program we have ordered five interactive whiteboards, which will go into classrooms across the school. We will be ordering twelve new Apple iMac desktop computers for classrooms.

The refurbishment of the toilets will commence in approximately five weeks. This means some of the toilets will be closed to allow this upgrading. There will always be toilets available for our students and they will be instructed on which ones to use as the project progresses.

I will keep you informed as the projects develop.

CHILD PROTECTION LESSONS TERM 3

The lessons that will be taught in the Child Protection Curriculum over the next few weeks will be:

Kindergarten - Recognising Abuse - the recognition that children need to be kept safe, safe and unsafe situations and identifying body parts and using the term private parts.

Year 1 - Recognising abuse - yes and no feelings, safe and unsafe, body parts, recognising degrees of touching e.g. punching.

Year 2 - Protective behaviours - Who and what needs protection? How do we protect ourselves? Different ways that children can be hurt - physical, emotional and their thinking.

Year 3 - Protection, body parts, feelings and warning signs.

Year 4 - Identifying safe and unsafe situations, physical abuse, sexual abuse and effects of abuse.

Year 5 - Protective behaviours, body parts, physical abuse, sexual abuse, emotional abuse and neglect.

Year 6 - Indicators of risk, identifying risk situations - people and places and effects of abuse.

Please take the time to talk to your children about what they learnt in these lessons each week.

UNIVERSITY OF NEW SOUTH WALES ENGLISH COMPETITION

The UNSW English competition takes place this Tuesday for those children who chose to do it. The results from this test will be sent to us from the University of New South Wales in the next month or so.

SWINE FLU UPDATE

Human swine influenza (H1N1 Influenza) continues to be a serious threat in our community.

To help avoid the spread of swine flu at school:

- Please ensure that your child remains at home if he or she has flu symptoms.
- Take your child to a doctor or hospital immediately if the symptoms worsen or call 000.
- Encourage your child to practice good hygiene:
- Cover your mouth when you cough
- Wash your hands thoroughly with soap and water or use alcohol rubs to avoid cross infection
- Avoid close contact with people who are sick
- If your child has travelled to a recognised swine flu infection zone and has no flu symptoms and is well, your child is able to attend school.

For the latest information on the swine flu please go to the NSW Health website at: www.emergency.health.nsw.gov.au/swineflu/index.asp or call the Australian Government swine flu hotline on 180 2007.

Fact sheets are available in community languages at:

www.emergency.health.nsw.gov.au/swineflu/ethnic/index.asp

SURVIVING CYBER BULLYING – what parents need to know.

With all the media surrounding cyber bullying, you might be wondering how to protect your child.

Many kids rely on technology for their social life and won't risk telling you about cyber bullying if they think you'll restrict their access to the computer or phone.

Also reinforce the Stop, Block, Tell message:

- **Stop:** Tell your child NEVER respond to the bully. Instead, they should take some time out from the conversation to calm down and talk to you
- **Block:** Block the bully and limit communication to close friends. Keep the evidence but contact the site administrator and ask for the abusive comments to be removed this will stop your child re-reading and re-living the abuse.
- **Tell:** One of the most effective things you can do is report bullying to the site administrator. Also tell the school principal. Every NSW public school has an anti-bullying plan.

Keep computers and mobiles in an open area of the house and not in kids' bedrooms. Late night messages – good or bad – don't allow kids to get enough sleep to function well at school or socially.

Read the full article at:

www.schools.nsw.edu.au/click

BOOK WEEK / EDUCATION WEEK

Education Week is held at the beginning of Term 2 each year and it comes, very early in the year. We have Grandparents' Day during this week and traditionally we have our Open Day in Term 3 each year.

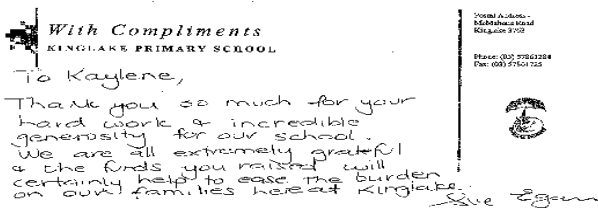
Our Open Day will be a celebration of the learning that takes place at our school. Open Day will be held on Wednesday 16 September. Please note this date in your diary and visit your child at their place of work.

This day is always a very enjoyable and enlightening time.

Book Week is Week 5 of this term (Monday 24 August to Friday 28 August). We will be celebrating Book Week over three weeks. We will be having a Book Safari on 24 August and a noted Australian author Libby Gleeson will be speaking to the children on Wednesday 2 and Wednesday 9 August.

THANKS FROM KINGLAKE PRIMARY SCHOOL

We received a heart felt thank you from the Kinglake community last week thanking us for the \$2,310.25 donation that we sent to assist with their rebuild. We will continue to help the school community as the year goes on. Our children will have the opportunity to read the lovely thank you cards made by the students from Kinglake.



Kindest Regards
Colin Booth

PRINCIPAL'S AWARD

Benjamin Vu – 3T

Ben is a conscientious worker and always eager to take on any challenge. Ben is friendly and well-mannered and a pleasure to teach.

STUDENT ACHIEVEMENT AWARD

Year 5

Alfred Mak, David Nelson

CANTEEN

Volunteers for week beginning Monday 10 August.

Monday 10/08/09 – Cecilia Lin, Danielle Blow
Tuesday 11/08/09 - Caroline Lowry, Lyn Martinson
Wednesday 12/08/09 – Val Hutchings, Liz Briggs
Thursday 13/08/09 – Cheryl Worthy, Landy Yung
Friday 14/08/09 – Alison McDonnell, Kendall Pesavento

Please note that apple/strawberry snaps and Fantastic Rice Crackers are no longer available.

We are currently looking into replacing these items. A new price list will be going out in approximately two weeks time, please look out for it.

Please ensure all lunch orders are written clearly in pen not pencil on a paper bag and handed into the canteen before the 8.50am bell.

Thank you
Ann and Kerri



A NOTE FROM THE LIBRARY

On Tuesday afternoon August 18 at 4.30pm The Children's Bookshop at Beecroft will be holding two important events. The first is a launch of a new novel 'Edsel Grizzler' by James Roy; a fantasy novel for younger readers (age 8-14).

The second event is the launch of a new Book Club for Young Readers aged 8 – 14 years. The group will meet once or twice a term to discuss and review books and meet authors. If you are interested in either of these events please contact The Children's Bookshop as bookings are essential. Phone 9481 8811 or contact staff@thechildrensbookshop.co.au

Hilary Guthrie
Teacher Librarian

NOTICE TO PARENTS

Re: Whooping Cough

A major outbreak of whooping cough continues to affect the Sydney area.

In order to prevent further cases of whooping cough Sydney West Public Health Unit advises the following:

If your child has any of the symptoms of whooping cough, such as **a dry or persistent cough**, which may be especially bad at night, please **see your doctor** and take this notice with you. If the cough has been present less than 4 weeks a swab test can be performed. If longer than 4 weeks a blood test can be performed.

If your child has whooping cough, your doctor will arrange a course of antibiotic

treatment. Antibiotics given early in the illness are effective in stopping the cough and in preventing spread to other people. If your doctor diagnoses whooping cough please advise the school and keep your child at home until they have taken at least 5 days of antibiotics.

Whooping cough is very dangerous for small infants – please ensure that you and your family do not visit babies if you have a cough.

Vaccination is the best protection against whooping cough. The vaccine is given at 2, 4 and 6 months and 4 years. A free booster vaccine will be offered to all Year 10 students at school this year – please take advantage of this opportunity.

Information on whooping cough is available at <http://www.health.nsw.gov.au/factsheets/infectious/pertussis.html> or from the Public Health Unit on 9840 3603 (Parramatta) or 4734 2022 (Penrith).

COMING EVENTS FOR TERM 3 2009

TERM 3	
04/08/09	UNSW English Competition
05/08/09	External OC Test, Jump Rope Rep. 9-12.30pm
06/08/09	Kindy Parent Morning 9.30am-Recess
07/08/09	Yr2 – 2W & 2R Excursion

COMMUNITY NOTICES

Try Baseball

Carlingford Baseball Club is holding their Try Baseball Days for the upcoming Summer Baseball Season on Sunday, 2 August and Sunday, 9 August between 1-3 pm at Murray Farm Oval, Murray Farm Road, Carlingford. These days are aimed at boys and girls between the ages of 5–17 years. Please come along and try Baseball as a refreshing

alternative TEAM sport. Adult players are also welcome.

For any enquiries please contact Carol on (H) 9873 6656, (M) 0407 557 782 or visit our website www.carlingfordbaseball.com.au or email on carlingfordbaseball@hotmail.com

Burnside Bazaar - Market Day @

Burnside Village Community Centre
Pennant Hills Road North Parramatta
Date: Friday 7 August Time: 10am – 6.30pm
Gourmet Food, Jewellery, Lavender Products,

Homewares, Fashion, Craft, Sweet Treats,
Handbags & Accessories, Plants & Flowers,
Candles, Stationery & Gifts

Liz: 0407 861938...Joanne: 0418 968380 -
for enquiries.

FREE Parent self-help program: for parents of kids who worry too much

Learn how to help kids who worry too much, about anxiety, and meet other parents experiencing similar challenges.

Groups run over four weeks

Thursday 10, 17, 24 September, and 1 October, 9:30am-11am

Location: in the Epping area

Groups are run by staff and volunteers of the Facing Anxiety Program, an initiative of the Mental Health Association NSW Inc.

For more information, or to register for the group, please phone 9339 6088 or email smallsteps@mentalhealth.asn.au .

Carlingford Waratah Cricket Club

Carlingford Waratahs is an established cricket club looking for boys and girls to play cricket in the 2008/2009 season, commencing mid September.

Options for 2009 include:

- Milo “in2cricket” (5-8 yr olds, skills based)
- Mixed teams (U9 – U16s)
- Girls only teams (junior and senior)

Registration: Sunday August 9, 2009

Where: Carlingford Bowling Club

Time: 10 – 1pm

Queries: Tony Matson 0432 207 139

Paul Wallace 0417 517 136

Kids Club

Be a part of our fun filled production of ‘The Twelve Days of Christmas’ (Gaudete).

Where: West Pennant Hills Community Church

41-43 Easton Rd

West Pennant Hills

When: Tuesdays 4-6pm (starting 18 August)

Ages: Kinder – Year 6

Cost: Bring \$2

Enquiries: Ring Beryl 9871 1526

North Rocks Carlingford Little Athletics Centre

Competes Saturday mornings, September to March at Kingsdene Oval, Carlingford

Registration, Uniform and Information Days

Please register on-line.

Details on our website www.nrclac.org.au

For information and number collection: Sat 22 August, Carlingford Court 1-4pm, Sunday 30 August 11am-3pm Kingsdene Oval.

Early bird prices until 30 August, registering on-line.

Cost – 1st child \$85, 2nd child \$75, rest \$65.

All new athletes please bring proof of age.

Season commences Saturday 26 September.

PARKING NOTICE

- Observe all parking signs around the school – they are planned with children’s safety in mind
- Park safely & legally even if it means walking further to the school gate
- **NEVER** double park – it puts children at risk by:
 - Blocking vision of other drivers
 - Forcing children onto the road
 - Obstructing traffic flow

The penalty for double parking in a school zone is \$243 and 2 demerit points

**Council’s Compliance Officers
will be enforcing
parking restrictions
at your school!**



PARKING NOTICE

**Parking unsafely puts
children’s lives at risk!**

Parking illegally, even for a short time, is dangerous to children at your school.

You can be fined up to **\$405**
and lose up to 4 demerit points
if you park illegally around your school.

**Parking your car on the nature strip or path
can result in
a fine and 2 demerit points**

Please obey all the parking signs
around your school!

**Council’s Compliance Officers will be
enforcing parking restrictions
at your school!**

